

6th Annual NESES Meeting

Jay Peak, Jay, VT

Friday February 12, 2010 Morning Session

6:30-7:00 Registration and Continental Breakfast
7:00-7:15 Welcome and Introduction-Mazzocca
NESES invited Guests

Dr Jonathan Ticker MD, Long Island, NY

Dr Michael Mckee-Toronto CA

Dr Andreas Imhoff-Munich Germany

7:15-8:15 Elbow 1: Distal Humerus Fractures

Provocateur: David Ring

Panel: Mike McKee, Jesse Jupiter, Andreas Imhoff, Eric Tolo, Andy Caputo

Debatable Issues:

1. A substantial risk of ulnar nerve dysfunction is part of the price of ORIF or TEA
2. Thank goodness for locked plates!
3. TEA can be done for open distal humerus fractures
4. Don't sweat it, just throw away the condyles when doing TEA for distal humerus fracture
5. Forget about hemiarthroplasty for complex capitellum/trochlear fractures, just use a linked prosthesis
6. Only an elbow expert should do TEA for distal humerus fractures

Distal Humerus Case Discussions:

(Please email cases on any topic to dring@partners.org; use www.yousendit.com for any files over 3MB)

1. AVN after ORIF bicolumnar distal humerus fracture
2. Dislocation after ORIF bicolumnar distal humerus fracture
3. Screw backout with unlocked plates
4. Salvage of failed ORIF with TBW
5. Complex distal humerus articular fracture—too much metal?

8:15-8:30 Break

8:30-10:00 **DJD Shoulder-Moderator-Endrizzi**

8:30-9:00 **Total Shoulder Arthroplasty-Implant Reasoning-Round Table Discussion**

Macy, Parsons, Endrizzi, Higgins, Mazzocca

(10) Discussion and arguments

9:00-9:45 **Difficult Questions in Shoulder Arthroplasty**

(7) Glenoid Version-How to measure, assess, and treat(Ticker)

(7) Post Operative Motion-How to get it and KEEP it (Parsons)

(7)Subscap Repair-Bone vs soft tissue-(Steinman)

(7) How to treat a subscapularis tendon tear after you do a TSR. Can you fix it? Does a tendon transfer work? How many have seen this difficult problem?(Endrizzi)

(7) Treatment of active patients' with DJD? (Imhoff)

9:45-10:00 **Reverse Ball and Socket for Cuff Tear Arthropathy**

(7)Humeral Version with the reverse-0 to 30 whats the answer?(Macy)

(7)Tips and Tricks for Glenoidsphere placement(Higgins)

Friday February 12, 2010 Afternoon Session

3:00-4:00pm Elbow 2: Traumatic Elbow Instability

Provocateur: David Ring **Panel:** Mike McKee, Jesse Jupiter, Andy Caputo, Hervey Kimball, Andreas Imhoff

Debatable Issues:

If you can't get an elbow stable, just cross pin the joint

Most small coronoid fractures should be repaired

Stick with ORIF radial head even if you have to do a partial resection

We never see an "undersized" radial head prosthesis

Elbow Case Discussions:

Basilar coronoid fracture with residual subluxation

Terrible triad with sag after surgery

Nonoperative treatment of anteromedial facet coronoid fracture

Nonoperative treatment terrible triad

4:00-4:15 BREAK

4:15-4:45 **NESES Invited Lecture - Jonathan Ticker**
The History of Shoulder Surgery in North America

4:45-5:15 **NESES Invited Elbow Lecture - Dr Michael Mckee**
Multicenter Clinical Trials

5:15-5:45 **NESES Invited European Shoulder Lecture**
Dr Andreas Imhoff

5:45-6:00 Discussion

Saturday February 13, 2010 Morning Session

6:30-7:00 Continental Breakfast and Announcements

7:00-8:30 **Failures and how to deal with them**

- (7) Failed Instability without bone loss-Deberardino
- (7) The painful throwing shoulder after surgery-Busconi
- (7) Failed Bone graft surgery with instability-Alberta
- (7) Failed single tendon rotator cuff repairs-Sethi
- (7) Failed AC joint Reconstructions-Ticker
- (7) Clavicle Fractures-McKee
- (10) Discussion

Nerve Problems in Shoulder Surgery

- (10) Arthroscopic Suprascapular Nerve Release-Olson
- (10) When good nerve go bad (Steinman)
- (10) Discussion

8:30-8:45-BREAK

8:45-9:30 Elbow 3: Enthesopathies

Provocateur: Ring

Panel: McKee, Shafriz, Tolo, Mullins

Debatable Issues:

Distal biceps tendinopathy is self-limiting

Triceps rupture, like distal biceps rupture doesn't always need to be repaired.

Reattachment is better than release in tennis elbow surgery

Cases:

Patient with tennis elbow for 2 years; s/p numerous injections

Tenderness more distal than usual

MRI shows a tear

MRI shows an LCL tear

9:30-10:00 Resident and Fellow Presentations Arciero-Warner Research Award

Saturday February 7, 2010 Afternoon Session

3:00-3:30 **Indications, Complications and "worst" Case**

3:30-3:45 Update on healthcare legislation: what it means for us, our patients, and our businesses-Alberta

3:45-4:00 Biological Implications and Solutions for the shoulder Basic Science Presentation and Discussion -Mazzocca

4:00-6:00 Pro vs Con 5 min debate
Moderator-Mazzocca

1. Acute Treatment of AC dislocation in an Athlete (Deberardino) vs Conservative and let them play(Murray)-Discussion 5 min
2. Rotator Cuff Repair using Bone Tunnels (Fehnel) vs Suture Anchors (Joyce)
3. Ramappa Yes, ORIF Clavicle Fx vs. J. DeAngelis No, Non-Op Tx of Clavicle Fx-discussion 5 min
4. Subacromial Decompression with Rotator Cuff Repair (Shea) vs No Need (N. DeAngelis)-discussion 5 min

4:45-5:00 Break

Elbow 4: Debates

1. Surgery is a good option for patients with 30-degree flexion contractures of the elbow.
For: Caputo Against: McKee
2. CPM is required after elbow release.
For: Steinman Against: Shafritz
3. Functional Bracing for Distal third fractures of the distal humerus.
For: Jawa Against: Mullins
4. Distal biceps needs to be repaired.
For: Sethi Against: Tolo

6:00-6:30 **NESES Meeting**

Treasurer State of the Union
Website-on line registration -Alberta
How to Improve
Outcomes Research
Fellowship Interviews
Executive Board (12 members to help define the vision)